 March 2022

 Assisted Living East Activity Calendar

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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | **1** 10:00 A Cup of Friendship2:00 Celebrate March Birthdays | **2 Ash Wednesday** 10:45 Lutheran Communion2:00 Menu Time**Distribution of Ashes** | **3**10:00 Catholic Communion2:00 Bingo | **4** 10:00 Exercise2:00 Word Search Puzzles | **5**  |
| **6** If you need help finding a worship service on tv or online please ask for assistance.*At this time, we are still not traveling to the nursing home for worship.* | **7** 10:00 Exercise2:00 Painting Fingernails | **8** 10:00 A Cup of Friendship2:00 It all happened in March | **9** 10:00 Old Wives Tales2:00 Menu Time | **10**10:00 Adult Coloring2:00 Bingo | **11** 10:00 Exercise 2:00 Popcorn and Soda | **12**  |
| **13 Daylight Savings Time** | **14** 10:00 Exercise2:00 Word Scramble | **15** 10:00 A Cup of Friendship2:00 Irish Quotes &Proverbs | **16** 10:00 St. Patrick’s Jokes2:00 Menu Time | **17 St. Patrick’s Day**10:00 Catholic Communion2:00 Bingo | **18** 10:00 Exercise  2:00 Ice Cream Sundaes | **19**  |
| **20 Spring Begins** | **21** 10:00 Exercise2:00 Reminiscing about Spring | **22**10:00 A Cup of Friendship2:00 Magazine Scavenger Hunt | **23**10:00 Guess the Green2:00 Menu Time | **24** 10:00 Travel Video2:00 Bingo | **25** 10:00 Exercise 2:00 Milk and Cookies | **26** See the source image **Remember****to Wash Your****Hands Often** |
| **27**  | **28**10:00 Exercise 2:00 Spring Word Game | **29**10:00 A Cup of Friendship2:00 Remembering Dr. Seuss | **30**10:00 Funny Cat & Dog videos2:00 Menu Time | **31** 10:00 Vinyl Records2:00 Bingo | **“May your troubles be less, and your blessings be more, and nothing but happiness come through your door.”** |