 March 2022

 Assisted Living East Activity Calendar

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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | **1**  10:00 A Cup of Friendship  2:00 Celebrate March Birthdays | **2 Ash Wednesday**  10:45 Lutheran Communion  2:00 Menu Time  **Distribution of Ashes** | **3**  10:00 Catholic Communion  2:00 Bingo | **4**  10:00 Exercise  2:00 Word Search Puzzles | **5** |
| **6** If you need help finding a worship service on tv or online please ask for assistance.    *At this time, we are still not traveling to the nursing home for worship.* | **7**  10:00 Exercise  2:00 Painting Fingernails | **8**  10:00 A Cup of Friendship  2:00 It all happened in March | **9**  10:00 Old Wives Tales  2:00 Menu Time | **10**  10:00 Adult Coloring  2:00 Bingo | **11**  10:00 Exercise  2:00 Popcorn and Soda | **12** |
| **13 Daylight Savings Time** | **14**  10:00 Exercise  2:00 Word Scramble | **15**  10:00 A Cup of Friendship  2:00 Irish Quotes &Proverbs | **16**  10:00 St. Patrick’s Jokes  2:00 Menu Time | **17 St. Patrick’s Day**  10:00 Catholic Communion  2:00 Bingo | **18**  10:00 Exercise    2:00 Ice Cream Sundaes | **19** |
| **20 Spring Begins** | **21**  10:00 Exercise  2:00 Reminiscing about Spring | **22**  10:00 A Cup of Friendship  2:00 Magazine Scavenger Hunt | **23**  10:00 Guess the Green  2:00 Menu Time | **24**  10:00 Travel Video  2:00 Bingo | **25**  10:00 Exercise  2:00 Milk and Cookies | **26**  See the source image **Remember**  **to Wash Your**  **Hands Often** |
| **27** | **28**  10:00 Exercise  2:00 Spring Word Game | **29**  10:00 A Cup of Friendship  2:00 Remembering Dr. Seuss | **30**  10:00 Funny Cat & Dog videos  2:00 Menu Time | **31**  10:00 Vinyl Records  2:00 Bingo | **“May your troubles be less, and your blessings be more, and nothing but happiness come through your door.”** | |